### ADULT ESOL LESSON PLANS

#### TOPIC:
Positive Parenting-listening to children

#### LEVEL:
Advanced (Revised May 2006)

#### SKILL:
Speaking

#### COMPETENCIES:

- S 82.0 Family and Parenting
- S 82.03 Develop awareness of acceptable/unacceptable parenting disciplinary practices
- S 82.02 Identify means to access educational opportunities for children

#### CULTURAL FOCUS:
Parents need to be aware of positive parenting practices and to listen and to understand what their child is really saying to them.

#### CLASSROOM PROCEDURES:
- Have the students share some of the parenting practices they were exposed to as children and some of the practices they use today.
- Discuss any changes they feel they have made to better a situation or changes that were not good.
- Explain why children misbehave according to Dinkmeyer.
- List the four goals of misbehavior:
  1. attention
  2. power
  3. revenge
  4. display their inadequacy
- Instruct students to give examples of misbehavior and how they would respond to each in a constructive way.
- Have students explain their own feelings and reactions to the misbehavior.
- Distribute activity sheet and discuss disciplining techniques, (Activity sheet : Goals of Misbehavior. Dinkmeyer)

#### GRAMMATICAL FOCUS:
Write a paragraph illustrating one of the four goals of misbehavior and the positive response to that goal.

#### TEXT BOOKS:
Supplemental text: Systematic Training for Effective Parenting by Dinkmeyer, Dinkmeyer and MacKay

#### PRONUNCIATION:
Produce stress and intonation in phrases and sentences
| MATERIALS/ADDITIONAL RESOURCES: | www.longevity/parenting/parenting  
www.aol.drspock.com |
|-------------------------------|------------------------------------------------|
| VOCABULARY:                   | attention  
power  
revenge  
expectations  
rules  
inadequacy  
boundries  
goal  
"catch them at being good"  
teach at non conflict times  
STEP: (Systematic Training For Effective Parenting by Dinkmeyer & McKay) |
| COMMUNITY RESOURCES:          | School counselors trained in the STEP program. |
| EVALUATION:                   | Teacher observation of parenting discussion using methods that line up to STEP. |

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