

1 Where are You in Your Career and Major Decision Making Process?

Your choices for a **career** and **college major** are two very important decisions that you will make. They could involve self-discovery, career and college research, as well as career counseling. SCC is committed to assisting you with these important decisions. To assist us in helping you, please respond to the following questions. Before answering these questions, be sure that you understand the difference between a career and a major by referring to the definitions provided below. Career choice and major choice are two totally different things; however, they work together to propel you toward your personal goals.

Definitions
Career = Occupation
Academic /College Major = Area of Academic Study

1. If you have made a career decision and/or college major decision, please provide the name of your chosen career and major.

Career (Occupation)

Academic/College Major (Area of Academic Study)

2. Pick the statement below that best describes your feelings about your **career decision**:
- A. I have made a career decision and feel confident about it.
 - B. I believe I have made a career decision but need to do more research in order to be sure that I have made a correct choice.
 - C. I have not made a career decision and know it is time for me to do some serious research in order to define an appropriate career path for my future.
 - D. I need to make a career decision but have been confused and unable to decide; therefore, I feel that I need support and guidance in researching and making this choice.
3. Pick the statement below that best describes your feelings regarding your decision about an **academic major**.
- A. I have made a major decision and feel confident about it.
 - B. I believe I have made a major decision but need to do more research in order to be sure that I have made a correct choice.
 - C. I have not made a major decision and know it is time for me to do some serious research in order to define the correct academic path for my future.
 - D. I need to make a major decision but have been confused and unable to decide; therefore, I feel that I need support and guidance in researching and making this choice.

After completing this exercise, make an appointment with the faculty or counselor who assigned this activity to review the results.