

USDOE English Literacy & Civics Education "Project Literacy Challenge" 2003-2004 grant project

TIES (Total Immersion of English Strategies)

ADULT ESOL LESSON PLANS

TOPIC: LEVEL:	Orientation to a Health Club Low Intermediate / High Intermediate (Revised May 2006)	SKILL:	Reading, Speaking, Writing
COMPETENCIES: (Please use ESOL Curriculum checklists to list these)	W.A 45.01 Demonstrate understanding of comparative shopping W.A 45.06 Demonstrate understanding of guarantees, warranties and returns R.A 41.01 Identify body parts S.A 39.01 Identify self & personal information S.A 49.03 Demonstrate ability to describe a person, place, thing or event S.A 40.04 Locate alphabetical/topical listings in yellow pages W.A 46.01 Locate businesses, govt./community agencies in local area S.B 56.02 Communicate personal needs, impression, emotions S.A. 39.04 Communicate impressions, emotions, likes/dislikes, acceptance... S.A 49.01 Recognize/state questions and answers S.B 66-02 Demonstrate ability to recall/ summarize information provided oral/written.	CULTURAL FOCUS:	1.Health and exercise conscious 2. Awareness of rise in obesity and type II diabetes 3. Comparative shopping
CLASSROOM PROCEDURES:	<ol style="list-style-type: none"> 1. Introduce Body Parts vocabulary through Oxford Picture Dictionary pp.74-75. 2. Introduce terms for getting fit, getting in shape, etc., by brainstorming a list with students on board. Distribute vocabulary handout and have students add any not on the list. 3. <ol style="list-style-type: none"> a. Use graphic organizer to brainstorm how to get fit, why, where and related terminology for losing weight. Generate answers that include information about health impacts of obesity, such as type II diabetes. 4. Introduce grammar concept of comparatives with er and more. Use GrammarWork 2 page 76 to guide students to practice the skill. 5. Distribute 'Comparative Shopping' activity sheet and catalogs/sales ads. Explain that students will do some comparative shopping for some common household items. Go over shopping vocabulary terms on vocabulary handout. Model examples and have students work in pairs to complete sheet. Afterwards, discuss as a group the benefits of comparative shopping. 	GRAMMATICAL FOCUS:	Comparatives with er and more than/less than There + Be statements and questions

	<ol style="list-style-type: none"> 6. Discuss and define guarantees, warranties, and contracts. Have students read passages and answer questions on this topic from Speaking of Survival (SOS) pp220-221. After students complete these pages, explain that services that are purchased might not have a warranty, but a contract. Explain what a contract is and that a consumer must be well informed before signing a contract. 7. Distribute student health/exercise attitude survey for practice with 2 other students. Discuss results with class. 8. Use Yellow Pages to locate health club businesses in area. Students complete 'Gym Profile' sheet for 2-3 gyms. 9. Use Passport to English pp. 14-15 to introduce and practice grammar concept of There + Be statements and questions. Have students complete individually. 10. Handout mock gym tour dialogue for practice with 2 other students. 11. Distribute, explain and clarify community extension assignment. 12. Explain written report/oral presentation of gym tour. 13. Following class, allow students to present and discuss. 		
<p>TEXT BOOKS:</p>	<p>Oxford Picture Dictionary pp. 74-75 Speaking of Survival pp. 220-221 GrammarWork 2 by Pamela Breyer 1982, p. 76 Passport To English Book 1 pp. 14-15</p>	<p>PRONUNCIATION:</p>	<p>Nuances and rhythms of a dialogue body parts</p>

MATERIALS/ ADDITIONAL RESOURCES:	Vocabulary handout Graphic organizer Speaking of Survival pp. 220-221 passages and questions Sales ads/catalogs Comparative shopping worksheet Yellow pages/newspapers Health/Exercise Attitude survey Gym profile Mock dialogue Extension assignment Report assignment	VOCABULARY:	body parts, abdomen, ankle, arm, back, breast, buttocks, calf, chest, elbow, fingers, foot, hand, head, heel, hip, knee, leg, muscle, neck, palm, shoulder, thigh, waist, wrist, workout, aerobics, burn calories, dumbbells, fitness, flatten abs, get in shape, get lean, get more flexible, kickboxing, lose weight, personal trainer, slim down, strength training, to work out, tone up, treadmill, weight loss, weight training, heart disease, heavy, high blood pressure, obese, overweight, poor diet, risk of cancer, risk of diabetes, sedentary lifestyle, comparative shopping: bargain hunt, compare, contract, discount, guarantee, on sale, shop around, special offer, warranty
COMMUNITY RESOURCES:	Yellow pages Newspaper Health Club/ YMCA Health club personnel	EVALUATION:	Comparatives worksheet There is/There are worksheet Gym profile Class presentation

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